



EPSILON RHO REVIEW

The Delta Kappa Gamma Society International
Epsilon Rho Chapter - Texas State Organization
Area III, Chapter 137 - Pasadena, Texas

"Leading women educators impacting education worldwide."

Mission Statement: Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.



Luann's Thoughts

I attended my class reunion a couple of weeks ago. My dad was transferred the summer after my eighth grade year and we moved to Texas, but the families that transferred are always invited back to the reunions. It is always such a joy getting to see friends that I had grown up with. An added bonus to the reunion was getting to visit with one of my seventh grade English teachers. She didn't recognize me at first and had to ask someone to refresh her memory. Once she heard my name she remembered me. I was rather surprised at first. It had been so many years since I had seen Mrs. Knickerbocker. I have such fond memories of her class and how kind she was to her students. We talked about how many of the students from my class went into education and a host of other things. It has been such a blessing to be a teacher. I am still in contact with some of my former students. I often wonder about many of the kids I taught and I hope that they have good memories of being in my class as well. Well friends, enjoy your teaching careers and make some good memories for your students to hang on to!



Fun Calendar Days for October

It seems these days that everyone and everything has a special day. Here are some days from October that have past and some to look forward to:

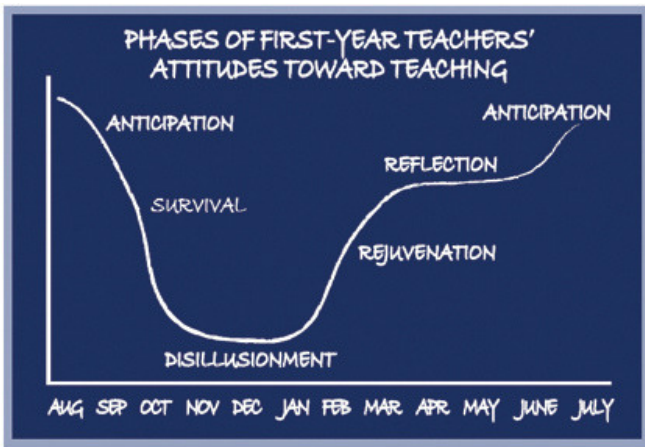
- October 2 - Walk to School Day
- October 4 - World Smile Day
- October 5 - World Teacher's Day
- October 13 - National Train Your Brain Day
- October 16 - Boss's Day
- October 22 - Smart is Cool Day
- October 26 - Make a Difference Day
- October 28 - National Chocolate Day
- October 30 - Checklist Day
- October 31 - Halloween or All Hallows Eve

October is also National Book Month!



Do you have the teaching blues?

by Laura Rahman



from <http://weac.org/articles/new-teacher-handbook/phases/>

According to this graph, October is when first year teachers begin the downward slope into disillusionment. It's been awhile since I have been a new teacher; however, I think experienced teachers even feel a bit frustrated at this point. The only difference is that veterans have a few tricks in their tool bag to overcome feeling discouraged. I remember being a Master Mentor in the district and looking at this graph thinking how can I help

my mentors help their new teachers get over this slump. It can be hard, but I know for me personally, I have learned over the years not to sweat the small stuff and that not everything is in my control so I have to learn to adjust. Even now that I am a school librarian, my job still has its fair share of stressful days. I may teach and work with students just like teachers, but I also have to help support the faculty and staff on a daily basis, which can be just as mentally challenging as it is working with students.

What can we do to help each other? We need to remember that we are all in this together. Take the time to check in with your colleagues and especially those new teachers. Spread a little sunshine their way! Help fill their tool box with simple tricks of the trade. Just remember, it's a long way until the end of the school year, so help them focus on one day at a time.

Information for Next Week's Meeting

CUP OF SUGAR
BY THE PIONEER WOMEN
 Betty Hill, Deborah Mahlmann, and Frances Ziegenhals

Celebrate Life in Early Texas With Us!
 Combined meeting of Epsilon Rho, Mu Sigma, Theta Sigma, and Zeta Omega.

Tuesday, October 22, 2019
 Orozco Center (room 303),
 1832 East Sam Houston Parkway S, Pasadena

4:30 pm – Social Time
 5:00 – 6:00 pm meeting



If you have pictures from meetings or events or have a story you would like to share in the newsletter, please email Laura Rahman, Newsletter Editor at: lktrahman@gmail.com

Please visit our Chapter Website: <http://epsilonrhothx.weebly.com/>

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